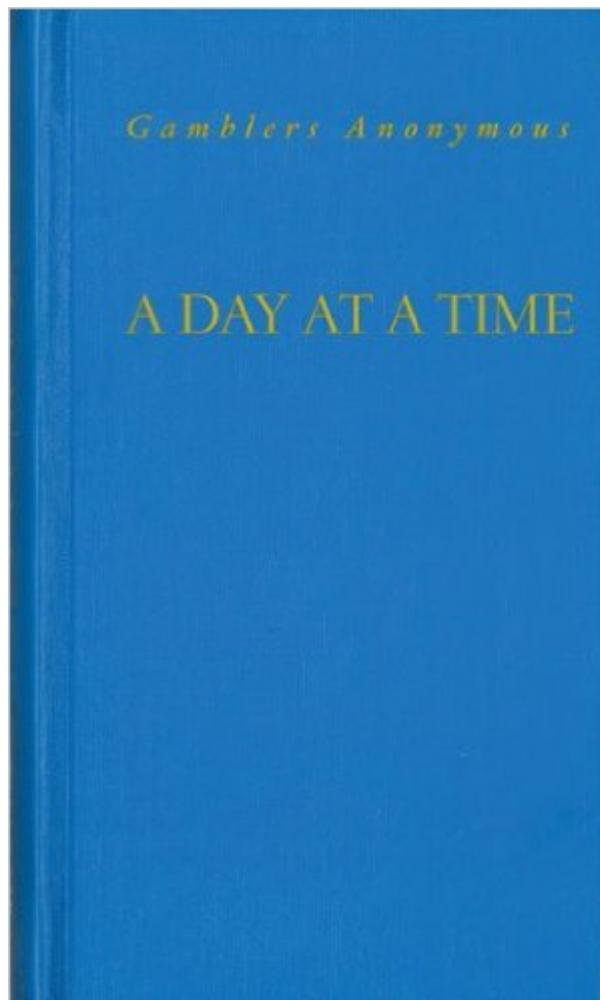


The book was found

A Day At A Time Gamblers Anonymous



Synopsis

A Day at a Time is an essential recovery tool for compulsive gamblers, these daily reflections and prayers offer us hope, support, and guidance throughout the year. It also addresses the issues and fears often faced by those of us in recovery.

Book Information

Hardcover: 368 pages

Publisher: Hazelden; 1 edition (April 19, 1994)

Language: English

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ISBN-13: 978-1568380759

Product Dimensions: 0.8 x 3.5 x 6 inches

Shipping Weight: 6.4 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 starsÂ See all reviewsÂ (12 customer reviews)

Best Sellers Rank: #434,934 in Books (See Top 100 in Books) #19 inÂ Books > Health, Fitness & Dieting > Addiction & Recovery > Gambling #434 inÂ Books > Health, Fitness & Dieting > Addiction & Recovery > Twelve-Step Programs #593 inÂ Books > Health, Fitness & Dieting > Mental Health > Depression

Customer Reviews

I am a member of GA and I've had 6 previous copies of this book, but I have given them away to newer members in the problem. This is a book of complete self examination for help in arresting this illness.

I like to read this one everyday. It seems like whatever I'm going through, this book will have something to say about it. It makes me feel like I'm not alone.

This daily book of meditations is a must.... Now, get your Self to a G.A. meeting!

Its a good book to follow if you need some direction in your life.

Something we who are in recovery need to reflect on in our lives.

Great book.Takes you through the one day at a time GA program.

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